

## AMTERGEN GUTDE

Allergies and special dietary
requirements are taken very seriously at Perch. We work closely with our suppliers and our food safety partners to ensure that our information is correct and customers with allergies feel reassured that we will look after their needs properly. We therefore ask that you inform your server before ordering of any special dietary requirements that you may have.

Our recipe information is frequently updated so please check each time you visit to ensure that you have the most up to date recipes. Whilst every care is taken with your meal, we cannot guarantee a $100 \%$ allergen free environment, nor can we guarantee against the processes used by our Suppliers or products which may be produced in an environment with other allergens.

Where an ingredient is included as part of the recipe, this will be specified, however it is possible that dishes may contain traces of other allergens.

Recipes and cooking methods may vary from site to site, therefore we strongly recommended checking before ordering.

For more information please speak to a member of our team.

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| Drunken Mussels |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Steak Chimichurri |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Spiced Lentil koftas (VG) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sticky Asian Salmon |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Herb Chicken |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Winter Burrata (V) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Goats Cheese (V) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Grains \& Greens (VG) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Poke Plate (VG) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Plant Based Aioli (VG) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Beet Ketchup (VG) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Kickin Korean Mayo (V) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Truffle Mayo |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Posh Chips |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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| Korean Fried Chicken Burger |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Perch Hamburger |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Steak Sandwich |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegan Junk Burger |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken Caprese Sandwich |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fish \& Chips |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tofish \& Chips |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fishcake \& Florentine |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Crab \& Lobster Ravioloni |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken \& Chorizo kebab |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Steak Frites |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tomahawk Sharer Steak |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sirloin 100z |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Mini Donuts |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Back To Front Vanilla Cheesecake |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Retro Knickerbocker |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chocolate \& Sea Salted Torte |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Raspberry Crumble Tart |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Halloumi Fries |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fried Corn Ribs |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Crispy Squid |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| King prawns |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked Camembert |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Red Pepper \& Mozzarella Arancin |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken Liver Parfait |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Moorish Olives |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Perch Hamburger |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fishcake Florentine |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Drunken Mussels |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken \& Chorizo Kebab |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Red Thai Vegetable Curry |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Black Lobster \& Crab Ravioloni |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fish \& Chips |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tofish \& Chips |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Salmon Poke Bowl |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pan Fried Sea Bass |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fish Pie |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Crying Beef |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tomahawk Sharer Steak |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Posh Chips |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sirloin Steak |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Beef Short Rib |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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| Pizza |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mini Fish \& Chips |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mini Burgers |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken Sticks |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Messy Spaghetti |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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## DEDELE <br> PERCH ON THE BEACH KIDS \& DESSERT

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| The Fry Up |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Loaded Plant Smash |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Posh One |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Halloumi \& Shrooms |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Eggs \& Avo |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Bennys Banana Bread |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Potato Fritters |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Berry Waffles |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Saucy Eggs |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Madame Melt |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Monty Bap |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Bacon Bap |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Veggie Bap |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sweetcorn Hash |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| ADD : Chorizo |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ADD: Smoked Salmon |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ADD : Streaky Bacon |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Basket Hash Browns |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Korean Chicken Burger |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Beach Burger |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegan Junk Burger |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fish Finger Butty |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Steak Sarnie |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fish \& Chips |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sticky Asian Salmon |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Twisted Caesar |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Middle Feast |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Onions rings |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Halloumi Fries |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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## PERCH IN THE PARK - <br> KIDS / DESSERT

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| Pizza |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fish \& Chips |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mini Burgers |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken Sticks |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Messy Spaghetti |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Back to Front Vanilla Cheesecake |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Retro Knickerbocker |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Epic Brownie |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Classic Marg |  |  |  |  | GF AVALLABLE PLEASE ASK |  |  |  |  |  |  |  |  |  |  |
| Pepperoni |  |  |  |  | GF AVAILABLE PLEASE ASK |  |  |  |  |  |  |  |  |  |  |
| Angry Pepperoni |  |  |  |  | GF AVAILABLE PLEASE ASK |  |  |  |  |  |  |  |  |  |  |
| Porkie |  |  |  |  | GF AVAILABLE PLEASE ASK |  |  |  |  |  |  |  |  |  |  |
| Carbonara |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Aubergine Parm |  |  |  |  | GF AVAILABLE PLEASE ASK |  |  |  |  |  |  |  |  |  |  |
| Ve-Du-Ya |  |  |  |  | GF AVALLABLE PLEASE ASK |  |  |  |  |  |  |  |  |  |  |
| Pollo |  |  |  |  | GF AVALLABLE PLEASE ASK |  |  |  |  |  |  |  |  |  |  |
| Life on the veg |  |  |  |  | GF AVAILABLE PLEASE ASK |  |  |  |  |  |  |  |  |  |  |
| Pesto Mayo |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| White Truffle |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Jalapeno Chilli Mayo |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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## PERCH

## ATLI STITES - <br> SUNDAY SHARING ROAST

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| DOES TN CONTATN? |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Rib of Beef |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast Chicken |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Roasted Ham Hock |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Yorkshire Puds |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sussex Charmer Cauliflower Cheese |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Proper Gravy |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cumin Spiced Roasted Squash and Lentil Wellington |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegan Cauliflower Cheese |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegan Yorkshire Puds |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Gravy |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Stuffing |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Market Vegetables |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast Potatoes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pigs in Blankets |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chefs Sharing Crumble |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Custard |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sticky Toffee Pudding |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

