

**Due to supply chain issues we are having to use substitute ingredients, so please check with your server before ordering.**

**Thank you**



## **ALLERGEN GUIDE**

Allergies and special dietary requirements are taken very seriously at Perch. We work closely with our suppliers and our food safety partners to ensure that our information is correct and customers with allergies feel reassured that we will look after their needs properly. We therefore ask that you inform your server before ordering of any special dietary requirements that you may have.

Our recipe information is frequently updated so please check each time you visit to ensure that you have the most up to date recipes. Whilst every care is taken with your meal, we cannot guarantee a 100% allergen free environment, nor can we guarantee against the processes used by our Suppliers or products which may be produced in an environment with other allergens.

Where an ingredient is included as part of the recipe, this will be specified, however it is possible that dishes may contain traces of other allergens.

Recipes and cooking methods may vary from site to site, therefore we strongly recommended checking before ordering.

For more information please speak to a member of our team.





Where 'yes' is indicated the allergen is a deliberate ingredient in the product. May contains information is not listed against each dish as with the exception of lupin, all allergens are handled on-site and by our Suppliers, therefore all dishes have the potential to contain traces of these allergens.  
*Due to some shared fryers some dishes carry a contamination risk.*

### DOES IT CONTAIN?

Menu Item	Milk & Milk Product	Fish	Crustaceans	Molluscs	Gluten containing Cereals	Egg	Peanuts	Other Nuts	Soy inc. Soya	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin
Bang Bang Chicken					Yes		Yes		Yes		Yes			
Falafel Bowl											Yes			
Asian Salmon		Yes			Yes				Yes			Yes		
Fish & Chips		Yes			Yes	Yes			Yes					
Tofish & Chips					Yes				Yes					
Fishcake & Florentine	Yes				Yes	Yes			Yes					
Mumbai Sandwich					Yes		Yes	Yes	Yes		Yes			
Beach Burger					Yes				Yes			Yes	Yes	
Vegan Junk Burger					Yes				Yes			Yes	Yes	
Mojo Chicken Sandwich					Yes				Yes			Yes		
Korean Fried Chicken Burger					Yes				Yes	Yes	Yes			
Cajun Salmon Po'Boy Sandwich	Yes	Yes			Yes				Yes	Yes		Yes		
Angry Bird Chicken					Yes		Yes	Yes	Yes		Yes			
Steak														
Mix it up mussels Chorizo				Yes										
Thai Red														
Cider & Bacon	Yes			Yes										
Chicken & Chorizo Salad	Yes					Yes					Yes			















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Estrella					Yes										
Shipyard PA					Yes										
Kingston Press													Yes		
Peroni					Yes										
Peroni Libera					Yes										
Old Mout Kiwi & Lime													Yes		
Old Mout Berries & Cherries													Yes		
Bombay Sapphire															
Mount Gay Rum															
Jamesons															
Absolut															
Jack Daniels															
Courvoisier															
Baileys	Yes														
Pimms & Lemonade															
Brighton Gin															
Bloody Mary					Yes					Yes	Yes				Yes
Bucks Fizz													Yes		
Prosecco													Yes		
Champagne Mumm													Yes		