# PLEASE INFORM YOUR SERVER OF ALL ALLERGIES BEFORE ORDERING. THANK YOU.



# **ALLERGEN GUIDE**

Allergies and special dietary requirements are taken very seriously at Perch. We work closely with our suppliers and our food safety partners to ensure that our information is correct and customers with allergies feel reassured that we will look after their needs properly. We therefore ask that you inform your server before ordering of any special dietary requirements that you may have.

Our recipe information is frequently updated so please check each time you visit to ensure that you have the most up to date recipes. Whilst every care is taken with your meal, we cannot guarantee a 100% allergen free environment, nor can we guarantee against the processes used by our Suppliers or products which may be produced in an environment with other allergens.

Where an ingredient is included as part of the recipe, this will be specified, however it is possible that dishes may contain traces of other allergens.

Recipes and cooking methods may vary from site to site, therefore we strongly recommended checking before ordering.

For more information please speak to a member of our team.



## PERCH ON THE PIER - BREAKFAST

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Due to some shared fryers some dishes carry a contamination risk.

| Menu Item           | Milk & Milk<br>Product | Fish | Crustaceans | Molluscs | Gluten containing<br>Cereals | Egg | Peanuts | Other Nuts | Soy inc.<br>Soya | Celery | Mustard | Sesame | Sulphur<br>Dioxide | Lupin |
|---------------------|------------------------|------|-------------|----------|------------------------------|-----|---------|------------|------------------|--------|---------|--------|--------------------|-------|
| The Fry Up          |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Halloumi & Shrooms  |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| ADD : Chorizo       |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| ADD : Smoked Salmon |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| ADD : Streaky Bacon |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| The Smash           |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Plant Full English  |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Green Plate         |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Pulled Beef Benny   |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Ricotta Hot Cakes   |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Hash brown nuggets  |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
|                     |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
|                     |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |



# PERCH ON THE PIER - LUNCH

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Due to some shared fryers some dishes carry a contamination risk.

| Menu Item                 | Milk & Milk<br>Product | Fish | Crustaceans | Molluscs | Gluten containing<br>Cereals | Egg | Peanuts | Other Nuts | Soy inc.<br>Soya | Celery | Mustard | Sesame | Sulphur<br>Dioxide | Lupin |  |
|---------------------------|------------------------|------|-------------|----------|------------------------------|-----|---------|------------|------------------|--------|---------|--------|--------------------|-------|--|
| Drunken Mussels           |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |  |
| Steak Chimichurri         |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |  |
| Spiced Lentil koftas (VG) |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |  |
| Sticky Asian Salmon       |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |  |
| Herb Chicken              |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |  |
| Winter Burrata (V)        |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |  |
| Goats Cheese (V)          |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |  |
| Grains & Greens (VG)      |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |  |
| Poke Plate (VG)           |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |  |
| Plant Based Aioli (VG)    |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |  |
| Beet Ketchup (VG)         |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |  |
| Kickin Korean Mayo (V)    |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |  |
| Truffle Mayo              |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |  |
| Posh Chips                |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |  |



# PERCH ON THE PIER - LUNCH

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\*Due to some shared fryers some dishes carry a contamination risk.\*

| Menu Item                      | Milk & Milk<br>Product | Fish | Crustaceans | Molluscs | Gluten containing<br>Cereals | Egg | Peanuts | Other Nuts | Soy inc.<br>Soya | Celery | Mustard | Sesame | Sulphur<br>Dioxide | Lupin |
|--------------------------------|------------------------|------|-------------|----------|------------------------------|-----|---------|------------|------------------|--------|---------|--------|--------------------|-------|
| Korean Fried Chicken<br>Burger |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Perch Hamburger                |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Steak Sandwich                 |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Vegan Junk Burger              |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Chicken Caprese<br>Sandwich    |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Fish & Chips                   |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Tofish & Chips                 |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Fishcake & Florentine          |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Crab & Lobster Ravioloni       |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Chicken & Chorizo<br>kebab     |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Steak Frites                   |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Tomahawk Sharer Steak          |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Sirloin 10oz                   |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
|                                |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |



## **PERCH ON THE PIER - DESSERT**

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\*Due to some shared fryers some dishes carry a contamination risk.\*

|                                     |                        |      |             |          | DOI                          | ES IT C | CONTA   | IN?        |                  |        |         |        |                    |       |
|-------------------------------------|------------------------|------|-------------|----------|------------------------------|---------|---------|------------|------------------|--------|---------|--------|--------------------|-------|
| Menu Item                           | Milk & Milk<br>Product | Fish | Crustaceans | Molluscs | Gluten containing<br>Cereals | Egg     | Peanuts | Other Nuts | Soy inc.<br>Soya | Celery | Mustard | Sesame | Sulphur<br>Dioxide | Lupin |
| Mini Donuts                         |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
| Back To Front Vanilla<br>Cheesecake |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
| Retro Knickerbocker                 |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
| Chocolate & Sea<br>Salted Torte     |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
| Raspberry Crumble Tart              |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
|                                     |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
|                                     |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
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|                                     |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |



# PERCH ON THE PIER - DINNER (STARTERS)

Where 'yes' is indicated the allergen is a deliberate ingredient in the product. May contains information is not listed against each dish as with the exception of lupin, all allergens are handled on-site and by our Suppliers, therefore all dishes have the potential to contain traces of these allergens.

\*Due to some shared fryers some dishes carry a contamination risk.\*

|                                     |                        |      |             |          | DOI                          | ES IT C | CONTA   | IN?        |                  |        |         |        |                    |       |
|-------------------------------------|------------------------|------|-------------|----------|------------------------------|---------|---------|------------|------------------|--------|---------|--------|--------------------|-------|
| Menu Item                           | Milk & Milk<br>Product | Fish | Crustaceans | Molluscs | Gluten containing<br>Cereals | Egg     | Peanuts | Other Nuts | Soy inc.<br>Soya | Celery | Mustard | Sesame | Sulphur<br>Dioxide | Lupin |
| Halloumi Fries                      |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
| Fried Corn Ribs                     |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
| Crispy Squid                        |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
| King prawns                         |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
| Baked Camembert                     |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
| Red Pepper &<br>Mozzarella Arancini |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
| Chicken Liver Parfait               |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
| Moorish Olives                      |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
|                                     |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
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|                                     |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |



PERCH ON THE PIER - DINNER (MAINS)

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\*Due to some shared fryers some dishes carry a contamination risk.\*

| Menu Item                         | Milk & Milk<br>Product | Fish | Crustaceans | Molluscs | Gluten containing<br>Cereals | Egg | Peanuts | Other Nuts | Soy inc.<br>Soya | Celery | Mustard | Sesame | Sulphur<br>Dioxide | Lupin |
|-----------------------------------|------------------------|------|-------------|----------|------------------------------|-----|---------|------------|------------------|--------|---------|--------|--------------------|-------|
| Perch Hamburger                   |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Fishcake Florentine               |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Drunken Mussels                   |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Chicken & Chorizo<br>Kebab        |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Red Thai<br>Vegetable Curry       |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Black Lobster & Crab<br>Ravioloni |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Fish & Chips                      |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Tofish & Chips                    |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Salmon Poke Bowl                  |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Pan Fried Sea Bass                |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Fish Pie                          |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Crying Beef                       |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Tomahawk Sharer Steak             |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Posh Chips                        |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Sirloin Steak                     |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Beef Short Rib                    |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |



## PERCH ON THE PIER - KIDS

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\*Due to some shared fryers some dishes carry a contamination risk.\*

|                   |                        |      |             |          | DOI                          | ES IT ( | CONTA   | IN?        |                  |        |         |        |                    |       |
|-------------------|------------------------|------|-------------|----------|------------------------------|---------|---------|------------|------------------|--------|---------|--------|--------------------|-------|
| Menu Item         | Milk & Milk<br>Product | Fish | Crustaceans | Molluscs | Gluten containing<br>Cereals | Egg     | Peanuts | Other Nuts | Soy inc.<br>Soya | Celery | Mustard | Sesame | Sulphur<br>Dioxide | Lupin |
| Pizza             |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
| Mini Fish & Chips |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
| Mini Burgers      |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
| Chicken Sticks    |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
| Messy Spaghetti   |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
|                   |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
|                   |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
|                   |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
|                   |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
|                   |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
|                   |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
|                   |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
|                   |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |
|                   |                        |      |             |          |                              |         |         |            |                  |        |         |        |                    |       |

#### PERCH ON THE BEACH - BREAKFAST

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| Menu Item           | Milk & Milk<br>Product | Fish | Crustaceans | Molluscs | Gluten containing<br>Cereals | Egg | Peanuts | Other Nuts | Soy inc.<br>Soya | Celery | Mustard | Sesame | Sulphur<br>Dioxide | Lupin |
|---------------------|------------------------|------|-------------|----------|------------------------------|-----|---------|------------|------------------|--------|---------|--------|--------------------|-------|
| The Fry Up          |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| The Veggie          |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Plant Plate         |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| The Posh One        |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Halloumi & Shrooms  |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| ADD : Chorizo       |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| ADD : Smoked Salmon |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| ADD : Streaky Bacon |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Potato Fritters     |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Berry Waffles       |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Bacon Waffles       |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
|                     |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
|                     |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
|                     |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |

#### PERCH ON THE BEACH - LUNCH

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| Menu Item                      | Milk & Milk<br>Product | Fish | Crustaceans | Molluscs | Gluten containing<br>Cereals | Egg | Peanuts | Other Nuts | Soy inc.<br>Soya | Celery | Mustard | Sesame | Sulphur<br>Dioxide | Lupin |   |
|--------------------------------|------------------------|------|-------------|----------|------------------------------|-----|---------|------------|------------------|--------|---------|--------|--------------------|-------|---|
| Sticky Asian Salmon            |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       | 1 |
| Bang Bang Chicken              |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |   |
| Middle Feast                   |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       | 1 |
| Korean Fried Chicken<br>Burger |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |   |
| Beach Burger                   |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |   |
| Vegan Junk Burger              |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |   |
| Mojo Chicken Sandwich          |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       | 1 |
| Steak Sarnie                   |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       | 1 |
| Fish Finger Sandwich           |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |   |
| Steak & Eggs                   |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       | 1 |
| Fishcakes & Florentine         |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |   |
| Fish & Chips                   |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |   |
| Tofish & Chips                 |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |   |
| Drunken Mussels                |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       | 1 |
|                                |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |   |
|                                |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       | 1 |



# PERCH ON THE BEACH - KIDS & DESSERT

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#### DOES IT CONTAIN? Menu Item Milk & Milk Fish Crustaceans Molluscs Gluten containing Egg Peanuts Other Nuts Soy inc. Celery Mustard Sesame Sulphur Lupin Product Dioxide Cereals Soya Pizza Mini Fish & Chips Mini Burgers Chicken Sticks Messy Spaghetti Back To Front Vanilla Cheesecake Retro Knickerbocker **Chocolate Churros** Epic Brownie



#### PERCH IN THE PARK - BREAKFAST

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| Menu Item           | Milk & Milk<br>Product | Fish | Crustaceans | Molluscs | Gluten containing<br>Cereals | Egg | Peanuts | Other Nuts | Soy inc.<br>Soya | Celery | Mustard | Sesame | Sulphur<br>Dioxide | Lupin |
|---------------------|------------------------|------|-------------|----------|------------------------------|-----|---------|------------|------------------|--------|---------|--------|--------------------|-------|
| The Fry Up          |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Loaded Plant Smash  |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Posh One            |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Halloumi & Shrooms  |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Eggs & Avo          |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Bennys Banana Bread |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Potato Fritters     |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Berry Waffles       |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Saucy Eggs          |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Madame Melt         |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Monty Bap           |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Bacon Bap           |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Veggie Bap          |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Sweetcorn Hash      |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
|                     |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
|                     |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
|                     |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |



#### PERCH IN THE PARK - LUNCH

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\*Due to some shared fryers some dishes carry a contamination risk.\*

| Menu Item             | Milk & Milk<br>Product | Fish | Crustaceans | Molluscs | Gluten containing<br>Cereals | Egg | Peanuts | Other Nuts | Soy inc.<br>Soya | Celery | Mustard | Sesame | Sulphur<br>Dioxide | Lupin |
|-----------------------|------------------------|------|-------------|----------|------------------------------|-----|---------|------------|------------------|--------|---------|--------|--------------------|-------|
| ADD : Chorizo         |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| ADD: Smoked Salmon    |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| ADD : Streaky Bacon   |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Basket Hash Browns    |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
|                       |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Korean Chicken Burger |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Beach Burger          |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Vegan Junk Burger     |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Fish Finger Butty     |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Steak Sarnie          |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Fish & Chips          |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Sticky Asian Salmon   |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Twisted Caesar        |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Middle Feast          |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Onions rings          |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
| Halloumi Fries        |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |
|                       |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |



#### PERCH IN THE PARK -KIDS / DESSERT

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Due to some shared fryers some dishes carry a contamination risk.

#### DOES IT CONTAIN? Menu Item Milk & Milk Fish Crustaceans Molluscs Gluten containing Egg Peanuts Other Nuts Soy inc. Celery Mustard Sesame Sulphur Lupin Product Cereals Soya Dioxide Pizza Fish & Chips Mini Burgers Chicken Sticks Messy Spaghetti Back to Front Vanilla Cheesecake Retro Knickerbocker Epic Brownie

PERCH PIZZA - STARTERS / SIDES

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Due to some shared fryers some dishes carry a contamination risk.

#### DOES IT CONTAIN? Menu Item Milk & Milk Fish Crustaceans Molluscs Gluten containing Egg Peanuts Other Nuts Soy inc. Celerv Mustard Sesame Sulphur Lupin Product Cereals Soya Dioxide Olives Cheesy Shrooms **GF AVAILABLE** Bruschetta **PLEASE ASK GF AVAILABLE** Burrata PLEASE ASK **GF AVAILABLE** Garlic Bread **PLEASE ASK GF AVAILABLE** Cheese Garlic Bread **PLEASE ASK GF AVAILABLE** Posh Garlic Bread **PLEASE ASK** Rocket & Parmesan Salad

PERCH PIZZA - PIZZA

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Due to some shared fryers some dishes carry a contamination risk.

| Menu Item            | Milk & Milk<br>Product | Fish | Crustaceans | Molluscs | Gluten containing<br>Cereals | Egg | Peanuts | Other Nuts | Soy inc.<br>Soya | Celery | Mustard | Sesame | Sulphur<br>Dioxide | Lupin |  |
|----------------------|------------------------|------|-------------|----------|------------------------------|-----|---------|------------|------------------|--------|---------|--------|--------------------|-------|--|
| Classic Marg         |                        |      |             |          | GF AVAILABLE<br>Please ask   |     |         |            |                  |        |         |        |                    |       |  |
| Pepperoni            |                        |      |             |          | GF AVAILABLE<br>Please ask   |     |         |            |                  |        |         |        |                    |       |  |
| Angry Pepperoni      |                        |      |             |          | GF AVAILABLE<br>Please ask   |     |         |            |                  |        |         |        |                    |       |  |
| Porkie               |                        |      |             |          | GF AVAILABLE<br>Please ask   |     |         |            |                  |        |         |        |                    |       |  |
| Carbonara            |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |  |
| Aubergine Parm       |                        |      |             |          | GF AVAILABLE<br>Please ask   |     |         |            |                  |        |         |        |                    |       |  |
| Ve-Du-Ya             |                        |      |             |          | GF AVAILABLE<br>Please ask   |     |         |            |                  |        |         |        |                    |       |  |
| Pollo                |                        |      |             |          | GF AVAILABLE<br>Please ask   |     |         |            |                  |        |         |        |                    |       |  |
| Life on the veg      |                        |      |             |          | GF AVAILABLE<br>Please ask   |     |         |            |                  |        |         |        |                    |       |  |
| Pesto Mayo           |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |  |
| White Truffle        |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |  |
| Jalapeno Chilli Mayo |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |  |

Burnt Basque Cheesecake

Plant Based Whippy

Naughty Nata

Chocolate Fudge Cake

## **ALLERGEN MENU - FEB 2024**

PERCH PIZZA - SALAD / DESSERT

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\*Due to some shared fryers some dishes carry a contamination risk.\*

DOES IT CONTAIN?

#### Menu Item Milk & Milk Fish Crustaceans Molluscs Gluten containing Egg Peanuts Other Nuts Soy inc. Celerv Mustard Sesame Sulphur Lupin Product Cereals Soya Dioxide **GF AVAILABLE** Mini Marg - Kids **PLEASE ASK GF AVAILABLE** Petite Pep - Kids **PLEASE ASK** Ultimate Grazer Salmon Nicoise Chicken & Avo Caesar Middle Feast Bowl



#### ALL SITES -SUNDAY SHARING ROAST

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Due to some shared fryers some dishes carry a contamination risk.

| Menu Item   | Milk & Milk<br>Product | Fish | Crustaceans | Molluscs | Gluten containing<br>Cereals | Egg | Peanuts | Other Nuts | Soy inc.<br>Soya | Celery | Mustard | Sesame | Sulphur<br>Dioxide | Lupin |   |
|---|------------------------|------|-------------|----------|------------------------------|-----|---------|------------|------------------|--------|---------|--------|--------------------|-------|---|
| Rib of Beef   |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       | Ī |
| Roast Chicken   |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |   |
| Roasted Ham Hock  |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       | 1 |
| Yorkshire Puds  |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |   |
| Sussex Charmer<br>Cauliflower Cheese                    |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |   |
| Proper Gravy  |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |   |
| Cumin Spiced<br>Roasted Squash and<br>Lentil Wellington |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |   |
| Vegan Cauliflower<br>Cheese                             |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |   |
| Vegan Yorkshire Puds                                    |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |   |
| Gravy   |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |   |
| Stuffing  |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |   |
| Market Vegetables                                       |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |   |
| Roast Potatoes  |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |   |
| Pigs in Blankets  |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       | 1 |
| Chefs Sharing Crumble                                   |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |   |
| Custard   |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |   |
| Sticky Toffee Pudding                                   |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |   |
|   |                        |      |             |          |                              |     |         |            |                  |        |         |        |                    |       |   |